



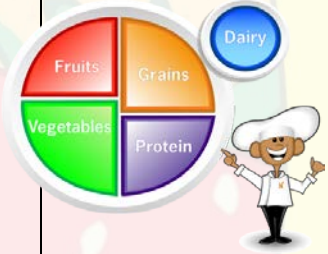





MARCH 2017

Community Charter School of Paterson




All Items are BAKED and not fried.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>AVAILABLE DAILY!</p> <p><i>Fresh Grilled Chicken Caesar Salad Meal (Tossed Greens w/ Sliced Chicken, a Whole Wheat Roll, & Low-Fat Caesar Dressing)</i></p>	 <p>Each Meal includes a Trip to the Farm Stand. Selections on The Farm Stand are included with Lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily.</p>			
 <p>VEGETABLE OF THE MONTH</p> <p>Celery</p>	 <p>FRUIT OF THE MONTH</p> <p>Orange</p>	Meatball Hero 1	Dr. Seuss' Birthday Read Across America 100% Beef Burger on a Whole Wheat Bun 2	Pizza Crunchers 3
<p><i>Weekly Alternate: Turkey Breast and Cheese w/ Lettuce on a Whole Wheat Roll</i></p>				
Cheese Pizza 6	Crispy Chicken on a Bun 7	Beef Empanada 8	All-Beef Hot Dog on a Whole Wheat Bun 9	<p>Breakfast for Lunch</p> <p>Eggo Waffles w/ Syrup & an Egg Patty 10</p>
<p>National School Breakfast Week - Take the School Breakfast Challenge</p>				
<p><i>Weekly Alternate: Italian Hero w/ Lettuce on a Whole Wheat Hoagie</i></p>				
Cheese Pizza 13	Whole Muscle Chicken Tenders w/ a Whole Wheat Roll 14	Scoops w/ Taco Meat & Cheese 15	Cheesesteak Hero 16	<p>ST. PATRICK'S DAY</p> <p>Bosco Stick 17</p>
<p><i>Weekly Alternate: Turkey Breast w/ Lettuce on a Whole Wheat Roll</i></p>				
<p>SPRING BEGINS</p> 	SPRING RECESS 21	SCHOOL CLOSED 22	SPRING RECESS 23	SCHOOL CLOSED 24
Cheese Pizza 27	Beef Empanada 28	100% Beef Burger on a Whole Wheat Bun 29	Crispy Chicken on a Bun 30	Pizza Crunchers 31
<p><i>Weekly Alternate: Turkey Breast w/ Lettuce on a Medium Whole Wheat Roll</i></p>				

Breakfast Menu	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Breakfast Break Cereal Milk Selection Fruit	Yogurt w/ Cheese Stick Graham Cracker Pure Fruit Juice Milk Selection Fruit	Breakfast Break Cereal Milk Selection Fruit	Breakfast Break Cereal Milk Selection Fruit	Breakfast Break Cereal Milk Selection Fruit

All meals include:
Entrée with Protein/Grain, a Trip to The Farm Stand & Milk
Milk Choice: Low-Fat White or Non-Fat Chocolate

 **All-Natural: Contains no antibiotics, preservatives, hormones or nitrates; are vegetarian fed and sustainably farmed**



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."